

February 2026

- Mon., 2/2, 9:30am-3pm: **Mailing Day**
- Tue., 2/3, 7-9pm (Hybrid): **The Gift of Hope**--Presenter: Palma Anton--\$20-\$30 as you are able
- Wed., 2/4, 3-4pm (Hybrid): **Stitchers of Hope**--FWO
- Fri.-Sun., 2/6-8 (In Person): **Silent Directed Weekend Retreat**--Begins 6pm--\$210, \$100 deposit
- Wed., 2/11, 7-7:30pm: **Virtual Prayer For Peace**--free
- Thu., 2/12, 3-4pm: **Virtual Tea #112**--FWO
- Fri., 2/13, 10-11:30am (Hybrid): **Spiritual Awakenings Video Club**--\$20-\$30 as you are able
- Sat., 2/14, 10-2pm (Hybrid): **Lenten Retreat Day: A Different Kind of Fast**--Presenter: Donna McCabe--\$50-60 as you are able
- Tue., 2/17, 9:30am-3pm (In Person): **Sacred Time, Sacred Space**--\$20-\$30 as you are able
- Wed., 2/18, 3-4pm (Hybrid): **Stitchers of Hope**--FWO
- Tue., 2/24, 7-8:30pm (Hybrid): **Man to Man**--FWO

FWO means Free-will Offering
Hybrid means in person or virtual participation

CALENDAR RAFFLE

Makes a great Christmas present!

Total Amount in Prizes

\$4,000

\$20 ticket donation is good for 13 weekly drawings. Purchase of raffle is not necessary to participate, but please remember we rely on your generosity to support our House of Prayer ministry. Thank You!

ANNUAL CHRISTMAS PARTY

Sunday, December 14 from 4-6:30pm

Mount Saint Mary Parlor

Cocktails, hors d'oeuvres and music

Standard Ticket: \$60

Seraphim Choir: \$75

Cherubim Choir: \$100

Archangels: Greater than \$100



Register online at www.msmhope.org

Our Mission

The mission of Mount Saint Mary House of Prayer, rooted in the Gospel and the charism of the Sisters of Mercy, is to provide a sacred space, prayer experiences, and spirituality programs that help adults of any faith to encounter the God of Mercy and share that mercy with others. The mission moves beyond the House of Prayer to any place where we share our ministry.

Our Staff

Interim Executive Director/Program Director:

Mary Jo Murphy

Administrative Assistant:

Nancy Elkin

Communications Coordinator:

Ellen Cagnassola

Spiritual Director:

Sr. Eileen P. Smith, RSM

Co-Founder:

Sr. Mary Jo Kearns, RSM

Adjunct Spiritual Directors:

Sr. Laura Arvin, OP, Jim Choma, Susan Delaney-Choma, Donna McCabe, Brigitte Pincelli, Tom Pluta, Ed Reitter

Our Offerings

Mount Saint Mary House of Prayer is a converted hundred-year-old carriage house. Its home-like interior includes a beautiful, awe-inspiring chapel, a meeting room, a lending library, and seven private bedrooms for retreatants.

- **Retreat Experiences**
- **Spiritual Direction**
- **Spiritual Programs**
- **Weekly Eucharistic Hour of Prayer (Holy Hour)**



MOUNT SAINT MARY
House of Prayer
An Oasis of Peace, Contemplation & Hospitality



Mount Saint Mary House of Prayer is a not-for-profit retreat/prayer center, supported by free-will offerings. Those who cannot afford the suggested fees are urged to come and give what is possible. Those who can give more are encouraged to do so since the fee stated for programs does not meet all our expenses. We gladly accept donations for scholarships. Thank you!

Dear Friend,

Thank you for journeying with us as we begin our 49th year of ministry! We are very excited about the programs scheduled this season highlighting new speakers and topics as well as our recurring offerings you so appreciate. We look forward to welcoming you to Mount Saint Mary House of Prayer, a continued oasis of Peace, Contemplation, and Hospitality.

Blessings,

Mary Jo Murphy

1651 US Highway 22

Watchung, NJ 07069

SEPTEMBER 2025--FEBRUARY 2026

(908) 753-2091

msmhope@msmhope.org

www.msmhope.org

September 2025

- Wed., 9/3, 2-3pm (Hybrid): **Stitchers of Hope**--FWO
- Wed., 9/8, 1-2:30pm (In Person): **Drumming Ecstasy Circle**--Presenter: Barbara Woodzell--\$50 for 3 month series or \$20-\$30 as you are able per session
- Wed., 9/10, 7-9pm (Hybrid): **The Fruits of Autumn**--Presenter: Christine Eberle--\$20-\$30 as you are able
- Thu., 9/11, 3-4pm: **Virtual Tea #107**--FWO
- Fri., 9/12, 10-11:30am (Hybrid): **Spiritual Awakenings Video Club**--\$20-\$30 as you are able
- Mon., 9/15, 7-8:30pm (Hybrid): **T'ai Chi Chih®: A Flowing Meditation**--Presenter: Sr. Antonia Cooper, OSF--\$60 for 4 week series or \$20-\$30 per session
- Tue., 9/16, 9:30am-3pm (In Person): **Sacred Time, Sacred Space**--Bring a bag lunch. \$20-\$30 as you are able
- Wed., 9/17, 2-3pm (Hybrid): **Stitchers of Hope**--FWO
- Wed., 9/17, 7-7:30pm: **Virtual Prayer for Peace**--free
- Mon., 9/22, 7-8:30pm (Hybrid): **T'ai Chi Chih®: A Flowing Meditation**--Presenter: Sr. Antonia Cooper, OSF--\$60 for 4 week series or \$20-\$30 per session
- Tue., 9/23, 7-8:30pm (Hybrid): **Man to Man**--FWO
- Mon., 9/29, 7-8:30pm (Hybrid): **T'ai Chi Chih®: A Flowing Meditation**--Presenter: Sr. Antonia Cooper, OSF--\$60 for 4 week series or \$20-\$30 per session

October 2025

- Wed., 10/1, 2-3pm (Hybrid): **Stitchers of Hope**--FWO
- Mon., 10/6, 7-8:30pm (Hybrid): **T'ai Chi Chih®: A Flowing Meditation**--Presenter: Sr. Antonia Cooper, OSF--\$60 for 4 week series or \$20-\$30 per session
- Tue., 10/7, 7-9pm (Hybrid): *The Critical Concerns as Beacons of Hope in this Jubilee Year: Non-Violence-Peacemaking and Works of Mercy*--Presenter: Martha Hennessy--\$20-\$30 as you are able
- Wed., 10/8, 1-2:30pm (In Person): **Drumming Ecstasy Circle**--Presenter: Barbara Woodzell--\$50 for 3 month series or \$20-\$30 as you are able per session
- Thu., 10/9, 3-4:00pm: **Virtual Tea #108**--FWO
- Fri., 10/10, 10-11:30am (Hybrid): **Spiritual Awakenings Video Club**--\$20-\$30 as you are able
- Wed., 10/15, 2-3pm (Hybrid): **Stitchers of Hope**--FWO
- Fri.-Sun., 10/17-19 (In Person): **Silent Directed Weekend Retreat**--Begins 6pm--\$210, \$100 deposit

October 2025 Cont'd

- Mon., 10/20, 7-9pm (Hybrid): **The First 100 Years of the Church - Journey and pray with the Early Christians**--Presenter: Sr. Eileen Smith, RSM--\$60 for 4 week series or \$20-\$30 per session
- Tue., 10/21, 9:30am-3pm (In Person): **Sacred Time, Sacred Space**--\$20-\$30 as you are able
- Tue., 10/21, 7-7:30pm: **Virtual Prayer for Peace**--free
- Wed., 10/22, 7-9pm (Hybrid): **12th Annual Major Speaker-Eric Clayton** (In Mercy Hall)--\$25 per person
- Mon., 10/27, 7-9pm (Hybrid): **The First 100 Years of the Church - Journey and pray with the Early Christians**--Presenter: Sr. Eileen Smith, RSM--\$60 for 4 week series or \$20-\$30 per session
- Tue., 10/28, 7-8:30pm (Hybrid): **Man to Man**--FWO

November 2025

- Sun., 11/2, 1-5:30pm (In Person): **Grief Recovery**--Presenter: Sr. Mary Jo, RSM--\$50-\$60 as you are able
- Mon., 11/3, 7-9pm (Hybrid): **The First 100 Years of the Church - Journey and pray with the Early Christians**--Presenter: Sr. Eileen Smith, RSM--\$60 for 4 week series or \$20-\$30 per session
- Tue., 11/4, 7-9pm (Hybrid): *The Critical Concerns as Beacons of Hope in this Jubilee Year: Women - Etty Hillesum*--Presenter: Connie Palmer--\$20-\$30 as you are able
- Wed., 11/5, 2-3pm (Hybrid): **Stitchers of Hope**--FWO
- Fri.-Sun., 11/7-9 (In Person): **Silent Directed Weekend Retreat**--Begins 6pm--\$210, \$100 deposit
- Mon., 11/10, 7-9pm (Hybrid): **The First 100 Years of the Church - Journey and pray with the Early Christians**--Presenter: Sr. Eileen Smith, RSM--\$60 for 4 week series or \$20-\$30 per session
- Wed., 11/12, 7-9pm (In Person): **Drumming Ecstasy Circle**--Presenter: Barbara Woodzell--\$50 for 3 month series or \$20-\$30 as you are able per session
- Thu., 11/13, 3-4pm: **Virtual Tea #109**--FWO
- Fri., 11/14, 10-11:30am (Hybrid): **Spiritual Awakenings Video Club**--\$20-\$30 as you are able
- Mon., 11/17, 9:30am-3pm (In Person): **Mailing Day**
- Tue., 11/18, 9:30am-3pm (In Person): **Sacred Time, Sacred Space**--\$20-\$30 as you are able

November 2025 Cont'd

- Tue., 11/18, 7-7:30pm: **Virtual Prayer For Peace**--free
- Wed., 11/19, 2-3pm (Hybrid): **Stitchers of Hope**--FWO
- Tue., 11/25, 7-8:30pm (Hybrid): **Man to Man**--FWO

December 2025

- Wed., 12/3, 2-3pm (Hybrid): **Stitchers of Hope**--FWO
- Tue., 12/2, 7-9pm (Hybrid): **Why Wait? Fully Engaging the Season of Advent**--Presenter: Fr. Joe Costantino--\$20-\$30 as you are able
- Fri.-Sat., 12/5-6: **Preparing in Hope: A Guided Advent Retreat**--Presenter: Christina Leano--Overnight \$140, Commuter \$100, Virtual \$80
- Tue., 12/9, 7-7:30pm: **Virtual Prayer for Peace**--free
- Thu., 12/11, 3-4pm: **Virtual Tea #110**--FWO
- Fri., 12/12, 10-11:30am (Hybrid): **Spiritual Awakenings Video Club**--\$20-\$30 as you are able
- Sun., 12/14, 4-6:30pm (Hybrid): **Christmas Party**
- Tue., 12/16, 9:30am-3pm (In Person): **Sacred Time, Sacred Space**--\$20-\$30 as you are able
- Wed., 12/17, 2-3pm (Hybrid): **Stitchers of Hope**--FWO
- Tue., 12/23, 7-8:30pm (Hybrid): **Man to Man**--FWO
- Wed., 12/31, 9:30am-3pm (In Person): **Year End Day of Prayer**--\$20-\$30 as you are able

January 2026

- Fri.-Sun., 1/2-4 (In Person): **Silent Directed Weekend Retreat**--Begins 6pm--\$210, \$100 deposit
- Mon., 1/5, 7-9pm: **Epiphany Virtual Prayer for Peace**--Free
- Tue., 1/6, 7-9pm (Hybrid): *The Critical Concerns as Beacons of Hope in this Jubilee Year: Immigration: The Spirituality of Welcome*--Presenter: Sr. Marilyn Lacey, RSM--\$20-\$30 as you are able
- Wed., 1/7, 2-3pm (Hybrid): **Stitchers of Hope**--FWO
- Thu., 1/8, 3-4pm: **Virtual Tea #111**--FWO
- Fri., 1/9, 10-11:30am (Hybrid): **Spiritual Awakenings Video Club**--\$20-\$30 as you are able
- Wed., 1/14, 7-8:30pm (Hybrid): **Tapping Away Stress**--Presenter: Alicia Gray--\$20-\$30 as you are able
- Tue., 1/20, 9:30am-3pm (In Person): **Sacred Time, Sacred Space**--\$20-\$30 as you are able
- Wed., 1/21, 2-3pm (Hybrid): **Stitchers of Hope**--FWO
- Tue., 1/27, 7-8:30pm (Hybrid): **Man to Man**--FWO